

COVID-19 Guidance 2022-23
Students and Staff

If you are...		
Close Contact	Symptomatic	Tested Positive
Student and staff members do not need to quarantine as long as they are asymptomatic. We recommend testing between day 3-5	Students and staff should stay home when they are not feeling well	If a student or staff member tests positive for Covid -19, please stay home. They should isolate for 5 days from symptom onset or positive test date if asymptomatic. They may return when symptoms are resolved and they have been fever free for 24 hours. They must wear a mask for days 6-10. Please use the CDC calculator to calculate dates CDC Q/I Calculator and call the nursing office.
Exposure living in the same household: do not need to quarantine as long as they remain asymptomatic; it is recommended that they test between day 3-5 of date of contact. If you become symptomatic please stay home and test and a mask is recommended.	<p>If a student or staff member has mild respiratory disease symptoms, no fever above 100 degrees, and no known Covid-19 case in their household, they should self test at home prior to leaving for school every day they have symptoms and the day after symptoms have resolved. If the test result is negative they can attend school and it is recommended they wear a mask to protect others until symptoms resolve.</p> <p><u>Mild Covid Symptoms</u></p> <ul style="list-style-type: none"> ● Infrequent cough ● Congestion ● Runny nose ● Sore throat ● Headache ● Muscle or body ache <p>If a student or staff member has a fever above 100 F or feels feverish, they should NOT report to school in person until their fever has resolved for at least 24 hours without the use of medication (ie. Tylenol or Ibuprofen) and should test for Covid-19 daily until all symptoms have resolved</p> <p>Test kits are available at all school nursing offices and the main office. Please contact the nurses offices for pick up</p>	<p>Please call the school nursing office that your student or staff member attends to report the positive case (we are still required to report it to CT DPH). Your children can access their assignments on google classroom while quarantining and we will code the absence appropriately.</p> <p>Please include in your email when your child started with symptoms, the date they tested positive, please attach a picture of the test, the last day they were present at school, and if they are up to date with their Covid -19 vaccinations.</p> <p>ECS: 8:30-3:30 WIS: 8:30- 3:30 CMS: 7:30-2:30 CHS: 7:30-2:30</p>

*These guidelines will be updated in accordance with guidance provided by DPH and CSDE on how to respond to COVID 19 scenarios in school.

Please feel free to reach out to your school nurse or to Gillian Hanson at 860-632-3564 with any questions or concerns. Thank you for all that you are doing to keep our schools safe!